

Announcements Issue

Volume 17, Number 4 / August 2017

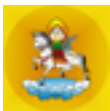
[Read the full issue.](#)



Letter from the Editors Serenity Ridge Lifting Higher!

Dear Friends,

With the help of many dedicated and talented sangha members who have contributed photographs over the years, there is a rich visual collection now being created that will be an archive of Ligmincha International, now 25 years old. You will soon be able to enjoy a beautiful tour through Ligmincha's history in a special 25th anniversary book... [More](#)



Mark Your Calendars for Cyber-Sangha Week October 22–28

Seven Days of Online Celebration Honor 25th Anniversary

This October a [grand celebration](#) will take place at Serenity Ridge Retreat Center, headquarters of Ligmincha International, in central Virginia as Ligmincha honors the 25 years

since its founding by Geshe Tenzin Wangyal Rinpoche. If you can't be at Serenity Ridge on October 22, you can still participate in the opening festivities from your computer or other device – part of a full week of special online observances – by visiting the

[Ligmincha International Facebook page](#)

...

[More](#)



Join the Celebration of Ligmincha's 25 Years October 22 at Serenity Ridge

Please Donate Frequent Flyer Miles for Resident Lamas to Attend

Everyone is warmly invited to attend a special celebration October 22 at Serenity Ridge Retreat Center in Virginia in honor of Ligmincha's 25th anniversary. There is no charge to attend. You also are requested to donate frequent flyer miles so Ligmincha's resident lamas can attend the event. [More](#)



□ New □ TWR LIVE Series Begins September 6

Pith Instructions of Tibetan Bön Buddhism

From September 6 through November 22, 2017, Tenzin Wangyal Rinpoche will offer a free, 12-week series of Pith Instructions, broadcast each Wednesday live [from his Facebook Page](#) .
[More](#)



New September Retreat on Tapihritsa Prayer Scheduled at Serenity Ridge

Taught by Yangton Lama Tashi Gyaltsen Rinpoche

Yangton Lama Tashi Gyaltsen Rinpoche will offer teachings on the Invocation of Tapihritsa on Saturday, September 16, and Sunday, September 17, 2017, at Serenity Ridge Retreat Center. Everyone is welcome to join us for this powerful dzogchen teaching from the Yungdrung Bön Buddhist lineage of Tibet. [More](#)



Online Course Through Ligmincha Learning

Sherap Chamma, Mother of Wisdom and Love with Marcy Vaughn

Ligmincha Learning's online course with Marcy Vaughn introduces the practices of Sherap Chamma, the Mother of Wisdom and Love. This six-week course runs from September 1–October 7, 2017. [More](#)



Next GlideWing Online Course Begins September 30

'The Truth That Sets You Free'

From September 30 through October 22, 2017, Geshe Tenzin Wangyal Rinpoche will offer a new, three-week workshop through GlideWing Productions titled “The Truth That Sets You Free: Discovering Your Inner Wisdom Through Practices of Waking and Sleeping.” [More](#)



Tibetan Language Course in the Making!

More Details to Come on Ligmincha Website and Facebook

Plans are now being developed for a new Tibetan language course, to be offered later this year

through Zoom. [More](#)



Upcoming Trul Khor Part 1 Retreat and Graduate Training

Sessions Begin November 2 and November 3

Two Tibetan Bön Yoga retreats – a retreat from the A-Tri Dzogchen tradition open to all and a training for graduates of previous Tibetan Yoga series – will be held concurrently at Serenity Ridge in November. [More](#)



Stella Richards Departs Serenity Ridge

Operations Manager for Past Three Years Retires

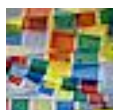
If you have visited Serenity Ridge in the past three years, then you have met Stella Richards, the center's operations manager. Stella has brought her many skills and gifts to the center in a way that has transformed both the center and all of those that have had the blessing to work with her. Stella is retiring from Serenity Ridge to enter a new slower and more spacious phase of life. [More](#)



The 3 Doors Online Compassion Project Starts in September

Deadline for Early Registration Is August 15

Registration is open for the live online 3 Doors Compassion Project led by Senior 3 Doors Teachers Marcy Vaughn and Gabriel Rocco. This is a nine-month exploration into select practices that support compassionate care and self-compassion for healthcare professionals, educators, therapists and anyone who is motivated by compassion. The course begins on September 27, 2017. [More](#)



The SA LE Ö Mantra, Mantra of Great Perfection

View Rinpoche's Video Made During Summer Retreat

Enjoy this beautiful video and recording of Tenzin Wangyal Rinpoche's new melody of the Mantra of Great Perfection. It was filmed by Tenzin Wangyal, Salvatore Espinosa and Katrina Scobie-Seadlo; the sound was recorded by Daniel Conover; with the group chant by Ligmincha sangha during the Summer Retreat, July 2017.

[View seven-minute video](#)

[View teachings on the Great Mantra](#), given by Tenzin Wangyal Rinpoche from 2017 Summer Retreat. Includes a brief meditation followed by explanation and recitation of the mantra.

[View explanation of Mantra of Great Perfection, the SA LE O Mantra](#)



Serenity Ridge Photo Montage

Enjoy Images of Ligmincha's Headquarters and Founder

Enjoy this [montage of photos](#) of Serenity Ridge Retreat Center and the beautiful views atop the mountain with, of course, some pictures of Rinpoche, too.



Tenzin Wangyal Rinpoche's 2017 Teaching Schedule

Upcoming Retreats in Europe, Asia and the U.S.

Rinpoche will be teaching a number of retreats in Europe, Asia and the United States over the next few months. Here is a list of the upcoming retreats in August and September: [More](#)



Look for Ligmincha Europe Summer Issue Soon

Sangha News in Europe and Worldwide

The Summer issue of *Ligmincha Europe Magazine* will go online by mid-August.

In this 25th issue, Pilar Revuelta Rivas and Carlos E. Villarreal, talk about the meditation program they initiated that is offered to the students, staff and teachers at a primary school, the HECAT in Mexico.

John Jackson, Santiago Villaveces and Wolfgang Krebs share their memories how Ligmincha started 25 years ago. An article that was published in Voice of Clear Light about the Five Warrior Syllables is reprinted. In the section 'preparing to die' you can read a compilation of teachings by Padmasambhava on the bardo. There is news from the European sangha, and the Colombian sangha is introduced.

Find the magazines [here](#) or [here](#)



Spanish Translation of VOCL

Link to June Issue Now Available

[Read June VOCL in Spanish](#)

We hope to have the translation of VOCL in Portuguese at a later date.

Look for the [translations of Voice of Clear Light newsletters](#) at the top of the [Voice of Clear Light website](#).



Upcoming Retreats

Serenity Ridge Retreat Center

The retreats listed below will take place at Serenity Ridge Retreat Center, Ligmincha International headquarters located in rural Nelson County, Virginia. To register or for more information, click on the links below, [email us](#) or call 434-263-6304.

September 16–17, 2017

Invocation of Tapihritsa
with Lama Tashi Gyaltsen

[Learn more/register](#)

October 18–21, 2017

Fall Retreat: The Knowledge and Wisdom of Longevity: Teachings and Empowerment from the Tsewang Jarima

with Geshe Tenzin Wangyal Rinpoche

[Learn more/register](#)

October 22, 2017

Special Celebration: Ligmincha's 25th Anniversary

Join us for a day of celebration, including music, food, viewing of the new building and more.

[Learn more](#)

October 23–24, 2017

Science and Spirituality Conference

with Geshe Tenzin Wangyal Rinpoche and expert presenters

[Learn more/register](#)

November 2–5, 2017

Trul Khor – Tibetan Bon Yoga: Part 1

with Alejandro Chaoul-Reich

[Learn more](#)

November 3–5, 2017

Trul Khor – Postgraduate: Part 5

with Alejandro Chaoul-Reich and Honored Guest Geshe Tenzin Yangton

Prerequisite: Previous completion of Parts 1, 2, 3 and 4

[Learn more](#)

December 27, 2017–January 1, 2018

Winter Retreat: The Experiential Transmission of the Zhang Zhung, Part 4

with Geshe Tenzin Wangyal Rinpoche

Prerequisite: Previous completion of Parts 1, 2 and 3 of the Experiential Transmission of Zhang Zhung series.

[Learn more](#)

To register for any of the above retreats, or for more information about teachings in the Bön Buddhist tradition of Tibet, please [email the registrar](#), call 434-263-6304 or visit the [Serenity Ridge](#) [we](#)

[bsite](#)

.