

Teaching Issue

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Letter from the Editors

This Precious Life

Dear Friends,

It's always hard when you have to miss Tenzin Wangyal Rinpoche's webcasts, especially when you plan and look forward to them, but life doesn't always cooperate with plans! Due to illness in the family, we missed the [September 10 webcast](#), the first in the new series [More](#)



‘Turn Off Your Search Mode – Trust in Being’

An Edited Excerpt from Oral Teachings Given by Geshe Tenzin Wangyal Rinpoche

As I travel and teach the different cycles of dzogchen teachings, whether it be the Six Lamps, Twenty-One Nails or Experiential Transmission of the Masters, I always tell people that while I will be speaking about different aspects of the teaching, in the end, everyone needs a very clear place to summarize it all and connect – and this is always to the inner refuge. [More](#)



Next Free Live Webcasts with Tenzin Wangyal Rinpoche **Parts 2 & 3 of Six-Month Course on Living and Dying Plus 'The Practice of Chöd'**

Registration is now open for the following live webcasts with Geshe Tenzin Wangyal Rinpoche. Each webcast is free and open to all! [More](#)



There's Still Time to Register for Fall Retreat! **October 12–16: The Practice of Chöd from the Bon Mother Tantra**

Join us October 12–16 for Tenzin Wangyal Rinpoche's annual Fall Retreat at Serenity Ridge. Rinpoche will teach on the topic of "Fear and Attachment: Doorways to Liberation – The Practice of Chöd from the Bon Mother Tantra." [More](#)



Ligmincha Learning Course on Six Lokas Starts October 1 **Coming in 2017: 'Awakening the Sacred Feminine: The Healing Practice of Sherab Chamma'**

Sign up now for Ligmincha Learning's online course with Tenzin Wangyal Rinpoche on "Transforming Our Emotions Through the Six Lokas." This seven-week course runs from October 1–November 19, 2016. [More](#)



Starting a Meditation Practice **A New, Free Self-Guided Course with Rinpoche on Ligmincha Learning**

We are excited to announce a new, free course with Tenzin Wangyal Rinpoche on [Ligmincha Learning](#) beginning November 1. The course, “Starting a Meditation Practice, from the Bön Tradition of Tibet,” provides a complete introduction on beginning a meditation practice, with clear and easy-to follow-instructions. [More](#)



Rinpoche is Keynote Speaker on 'Enlightened Leadership' October 8 Mindfulness Leadership Conference in Philadelphia, Pennsylvania

If you are near the Philadelphia area, join Geshe Tenzin Wangyal Rinpoche, on Saturday, October 8, as he gives the opening keynote address at the conference on Mindfulness and Leadership: Leading from Within at the University of Pennsylvania. [More](#)



Tenzin Wangyal Rinpoche Featured Presenter Science and Nonduality Conference in San Jose, California

On October 20, Tenzin Wangyal Rinpoche will present a preconference workshop and an evening plenary session at the Science and Nonduality Conference in San Jose, California. [More](#)



The 3 Doors Compassion Project Launches Meditation Practices to Strengthen Resilience to Suffering

The 3 Doors, an international meditation organization, has just launched a nine-month compassion project for healthcare, education and social service providers. This project examines empathy burnout, obstacles to compassionate caregiving and the development of self-compassion. [More](#)



Next GlideWing Online Workshop Begins November 12

‘Achieving Great Bliss Through Pure Awareness’

Tenzin Wangyal Rinpoche’s next three-week GlideWing online workshop, on “The Nature of Mind: Achieving Great Bliss Through Pure Awareness,” will be held November 12–December 4. This ancient Tibetan meditation practice provides a direct method for entering the state of pure awareness that leads to peace, joy and, ultimately, full realization. [More](#)



Winter Retreats at Serenity Ridge

The Experiential Transmission of Zhang Zhung, Part 3 and Practice Retreat

Join Geshe Tenzin Wangyal Rinpoche December 27, 2016–Jan. 1, 2017 for Part 3 of The Experiential Transmission of Zhang Zhung as participants continue to explore the nature of mind. [More](#)



Ligmincha International's 2015 Annual Report

Read About Ligmincha's International Activities and Finances

Ligmincha International's Annual Report for calendar year 2015 was recently released. Read about what has been happening during 2015 and read a report about Ligmincha's finances.

This year Ligmincha has changed its accounting process, so this report covers the entire calendar year for 2015. The report contains information about sanghas and centers around the world, including Serenity Ridge, headquarters of Ligmincha International, and information about Tenzin Wangyal Rinpoche's expanded teachings both throughout the world and online.

[Read 2015 Ligmincha International Annual Report](#)



□ We Need Your Help!

Seeking Volunteer Webmaster for Voice of Clear Light

Ligmincha is in need of a new webmaster for its newsletter, Voice of Clear Light (VOCL). Sharing of position with a second volunteer is possible.

The person in this volunteer position takes the articles and photos for each issue of the VOCL and creates the online issue every other month. Typically this position requires an estimated 15 hours of work for each issue. The main skill sets needed to succeed are familiarity with Joomla and HTML coding. Some ability to render photos into various sizes using an image editor such as PhotoShop or Print Shop also is helpful.

If you have ever worked with Joomla before and think that you would enjoy using your skills to support the worldwide sangha, please email the [Ligmincha office](#) with a brief description about yourself and any relevant background. We will be sure to get back to you.



Spanish and Portuguese Translations of VOCL

Link to October Issue in Spanish Now Available

[Read VOCL in Spanish](#)

Link to August Issue in Portuguese Now Available

[Read VOCL in Portuguese](#)



Upcoming Retreats

Serenity Ridge Retreat Center

The retreats listed below will take place at Serenity Ridge Retreat Center, Ligmincha International headquarters located in Nelson County, Virginia. To register or for more information, click on the links below, [email us](#) or call 434-218-1290.

October 12–16, 2016

Fall Retreat 2016: The Practice of Chöd from the Bon Mother Tantra

with Geshe Tenzin Wangyal Rinpoche

[Learn more/register](#)

October 17–20, 2016

Fall Service Retreat

Share with the sangha and receive a discount off the cost of registration for the Fall Retreat.

[Learn more](#)

December 27, 2016–January 1, 2017

Winter Retreat: The Experiential Transmission of Zhang Zhung, Part 3: The Practice of the Path

with Geshe Tenzin Wangyal Rinpoche

Prerequisite: Previous completion of Part 2 of the Experiential Transmission of Zhang Zhung series.

[Learn more/register](#)

January 2–3 or January 2–8, 2017

Winter Practice Retreat

with Geshe Tenzin Yangton

Prerequisite: Students who have received Part 3 of the Experiential Transmission teachings or who have registered to attend Part 3 in December 2016 may attend.

[Learn more/register](#)

To register for any of the above retreats, or for more information about teachings in the Bon Buddhist tradition of Tibet, please [email the registrar](#) , call 434-218-1290 or visit the [Serenity](#)

[Ridge website](#)

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