



Bönpos Welcome His Holiness Geshe Dawa Dhargyal Rinpoche as 34th Menri Trizin

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His Holiness Geshe Dawa Dhargyal Rinpoche, the new 34th Menri Trizin The Bön community worldwide welcomes His Holiness Geshe Dawa Dhargyal Rinpoche as the 34th Menri Trizin (abbot of Menri Monastery and holder of the Bön lineage). His January 1 selection from among 64 candidates followed a process that included prayers and rituals to Bön deities and protectors.

Geshe Dhargyal received his second geshe degree at Menri, where he spent many years serving the 33rd Menri Trizin, His Holiness Lungtok Tenpai Nyima Rinpoche, and played many important roles in the monastery, most recently as general secretary (administrator) of the Yungdrung Bön Monastic Center Society at Menri. Tenzin Wangyal Rinpoche, founder and spiritual director of Ligmincha International, says he believes that the protectors chose very wisely.



Geshe Dawa Dhargyal and His Holiness the 33rd Menri Trizin Lungtok Tenpai Nyima Rinpoche

The 34th Menri Trizin Rinpoche was born November 29, 1972, in Amdo, Tibet. His father's name is Palyon Bum and his mother's name is Luyang Chukmo. At age 17 he became a monk at Gamal Monastery in Amdo, Tibet, and at age 18 he joined the Bön Dialectic School of Gamal Monastery. When he was 22 years old, he met the 33rd Menri Trizin, His Holiness Lungtok Tenpai Nyima Rinpoche. He received the monk's vows of Drangsong from His Holiness and was given the name of Dawa Dhargyal Wangpo. He received his geshe degree from Gamal Monastery at age 24.

After traveling to Menri Monastery in India when he was 25 years old, Geshe Dawa Dhargyal joined the Bön Dialectic School in Dolanji and received a geshe degree from Menri Monastery in 2012.

The Selection Process

Since the passing of His Holiness the 33rd Menri Trizin, His Holiness Lungtok Tenpai Nyima Rinpoche, who departed his body on September 14, 2017, the highest spiritual leaders of Yungdrung Bön engaged in deep discussion, prayers and rituals concerning the selection of the new Menri Trizin.

