



## □ New □ TWR LIVE Series Begins September 6

### Pith Instructions of Tibetan Bön Buddhism



Bringing  
Ancient Wisdom  
Teachings to Life

From September 6 through November 22, 2017, Tenzin Wangyal Rinpoche will offer a free, 12-week series of Pith Instructions, broadcast each Wednesday live [from his Facebook Page](#) .

Pith instructions are an extraordinarily simple and direct way to connect with the ancient Tibetan teachings, which can sometimes seem a bit complicated, in part because of how students think about and relate to them. In this series of TWR LIVE teachings, Rinpoche will draw from his own years of personal reflection while teaching from the dzogchen tradition of Tibetan Bön Buddhism.



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