



Have You Met Ligmincha's Six Resident Lamas?

Guiding Ligmincha International Sanghas Around the World



What do these Ligmincha International communities have in common: Poland, Texas, Mexico, France, Virginia? They are all home to Ligmincha's resident lamas! How fortunate for the Ligmincha students in these sanghas to have such a close connection to the Bon lineage, with support, guidance and wisdom right there for them.

All of the Bon resident teachers have interesting and unique backgrounds, and all have studied at either Menri Monastery in India, under His Holiness Lungtok Tenpai Nyima Rinpoche or at Triten Norbutse Monastery in Kathmandu, Nepal, under His Eminence Yongdzin Lopon Tenzin Namdak Rinpoche. They have lived and traveled around the world, meditated in solitary retreats in the mountains of Tibet, studied for years with Bon masters and have now dedicated themselves to helping Westerners in their role as resident teachers for Ligmincha International sanghas around the world.



Geshe Lhundup Gyaltsen



Geshe Yungdrung Gyatso



[Portrait of the Venerable Khenpo Jigme Phuntsok, the 15th Khenpo of the Gelug School, the 11th Khenpo of the Sakya School, and the 10th Khenpo of the Kagyu School, the 11th Khenpo of the Nyingma School, the 11th Khenpo of the Jonang School, and the 11th Khenpo of the Shugden School.](#)