



Summer Service Retreat at Serenity Ridge

Join In and Help!

Join us at Serenity Ridge on June 12–17 for a special service retreat prior to the annual Summer Retreat. Participants will receive 50 percent off the cost of registration for one week of the two-week Summer Retreat, scheduled for June 19–July 2 on the topic of Sleep Yoga.



This is a wonderful time to share with the sangha and to be of joyful service. Each day of the work retreat includes vigorous work periods, daily meditation practice, and free time to walk along the Serenity Ridge grounds or the Rockfish River. Work will focus on housekeeping, painting and landscaping.

Free accommodations in the Garuda House dormitory will be provided starting the evening of June 11, and ingredients for preparing meals will be provided.

[Email the registrar](#) for more information and an application.