



Summer Retreat Teachings on Dzogchen Pith Instructions and Bön Mother Tantra

June 25–July 8 with Practice Retreat Week to Follow



Both new and continuing students are warmly invited to gather at Serenity Ridge for a special summer retreat with Geshe Tenzin Wangyal Rinpoche. This year marks the 25th anniversary of Rinpoche's founding of Ligmincha International.

Rinpoche has graciously agreed to teach on two topics this summer: pith instructions on the nature of mind (dzogchen) and teachings from Bön Mother Tantra. These are the focus of Rinpoche's own personal practice and the core of his teachings for the past 25 years.

Week 1: June 25–July 1, 2017

Week 2: July 2–8, 2017

You are welcome to attend one or both weeks. If you can only attend one week, Rinpoche suggests that newer students attend the first week. Simultaneous translation into Spanish will be available.

The morning teachings of both weeks will focus on the pith instructions of Bön dzogchen lineage masters. Dzogchen, which translates as “great perfection” or “great completion,” is the highest among the array of profound teachings of the Bön and Tibetan Buddhist traditions. These teachings point out our true nature, the source of wisdom and all positive qualities. In the afternoons of both weeks, Rinpoche will teach from the Bön Mother Tantra. His focus will be on the six great methods of the path of the Ma Gyü cycle, one of the major tantric cycles of Bön.



[Learn more/register](#)

Summer Practice Retreat: July 9–15, 2017 with Geshe Tenzin Yangton

A summer practice retreat with Geshe Tenzin Yangton, resident lama at Serenity Ridge, will follow the Summer Retreat.

Geshe Yangton will lead two daily practice sessions, with ample time for individual practice and reflection. The sessions will focus on practices taught during the previous two weeks at the Summer Retreat. Participants also may schedule one private, 10-minute interview with Geshe Tenzin Yangton.

[Learn more](#)