

Voice of Clear Light

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Next Free Live Webcast with Tenzin Wangyal Rinpoche Aug. 15 'Overcoming Loneliness: Finding the Friend Within'



Please join Tenzin Wangyal Rinpoche for the seventh in the yearlong series on Soul Retrieval: "Overcoming Loneliness: Finding the Friend Within." It will take place on Saturday, Aug. 15, 2015, 3–4:30 p.m. Eastern time U.S. (New York time).

Loneliness is pervasive in today's society. We may seek to overcome it through companionship with others, but the ultimate antidote is to find "the friend within." Geshe Tenzin Wangyal Rinpoche will discuss the relationship between loneliness and soul loss; explain the wrong way to overcome feelings of loneliness; and guide a practice for connecting deeply with your closest, most reliable source of companionship, support and fulfillment: your own true nature.

This webcast is Part 7 of a free, yearlong course in soul retrieval and is open to all (viewing Parts 1 through 6 is not required).

[Register now for Aug. 15 webcast](#)

[Learn more about the free yearlong Soul Retrieval course](#)

Mark your calendar for future webcasts on Saturday, Sept. 12, 3–4:30 p.m. Eastern time, Part 8: "Nourishing Your Inner Being: The Heart of Soul Retrieval"; and Saturday, Oct. 10, 2015, 3–4:30 p.m. Eastern time, Part 9: "Nourishing Your Inner Being: Questions and Answers."

