

## Voice of Clear Light

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## Meditation As a Way to Help Conquer Cancer Fears

### Interview with Alejandro Chaoul-Reich in Houston Chronicle



*Alejandro Chaoul-Reich*

Alejandro Chaoul-Reich, a student of Tenzin Wangyal Rinpoche for more than 20 years, was recently interviewed about his work with cancer patients at the MD Anderson Cancer Institute in Houston, Texas, where he has worked for many years guiding people in meditation practices such as tsa lung and the three pills of stillness, silence and spaciousness to help them in their daily life.

[Read the article](#)

Geshe Tenzin Wangyal Rinpoche will be teaching the [annual fall retreat in Crestone, Colorado Sept. Sept. 18–20](#) on the topic "Living with Joy, Dying in Peace." On Sept. 20–22, Alejandro will offer his extension of the teachings and methods introduced by Tenzin Wangyal Rinpoche, giving people the opportunity to expand and deepen their practices and understanding.

[Learn more](#)

In November, Alejandro will be teaching Trul Khor 5 with Geshe Tenzin Yangton at Serenity Ridge (open only to those who have taken Trul Khor 4).