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Letter from the Editors The Connections We Make

Dear Friends,



The connections we make can be so inspiring. We live in such a fast-paced world that when those connections happen, it almost feels magical. With Tenzin Wangyal Rinpoche's new series of webcasts on Soul Retrieval, we are given new opportunities for connections to each other, to the teachings and to the truth of who we are. We hope that you have been able to tune in to those webcasts – if not, <u>recordings of them are</u> available to watch.

will be a <u>new free live webcast</u> teaching on Soul Retrieval given by Rinpoche each month throughout the year!

The cyber-connections made during Rinpoche's first webcast teaching of the series in January 2015 were substantial. (Thanks Polly, Lourdes and the dozens of other webcast volunteer organizers and translators!) In just the first session of teaching the registrations numbered 3,817. There were at least 41 countries represented, including Australia, Austria, Belgium, Brazil, Canada, Chile, Colombia, Costa Rica, Czech Republic, Denmark, Ecuador, Finland, France, Germany, Greece, Greenland, Hungary, Ireland, Italy, Malta, Martinique Island, Mexico, Netherlands, Norway, Peru, Poland, Portugal, Romania, Russia, Scotland, Spain, Sweden, Switzerland, Tatarstan, Thailand, Turkey, Ukraine, United Kingdom, U.S.A. and Venezuela.

Here are just a few expressions of the heartfelt personal connections evident in the many who shared their gratitude after that first webcast:

- My deepest gratitude for these so precious teachings and your presence, Rinpoche. Such a gift.

- Wonderful teaching, and practice, words going straight into my heart. Thank you so much. A true blessing.

- Just wanted to say that the concept of the 3 pills has really helped me connect more with the essence of emptiness. It really is helping... thank you Rinpoche!

Many connections on so many levels! We hope you find connection and inspiration in the VOCL articles included in this issue, from the many different contributors: Rinpoche's next webcast on April 4 broadcast from the Spring Retreat; the next webcast in the Soul Retrieval series on April 11; creative sharings inspired by the first Soul Retrieval webcast; The 3 Doors Academy, with reflections from a recent graduate; Losar photos from Mexico, Europe and Serenity Ridge; an interview with Tenzin Wangyal Rinpoche on Lishu Institute's three-year program in India beginning in the fall; a recently published article by Alejandro Chaoul-Reich on the benefits of meditation for cancer patients; details about the upcoming Summer Retreat at Serenity Ridge; new online courses start soon – April 4 for Ligmincha Learning's *Six Lokas: How to Transform Your Emotions*

the next online GlideWing course on

Achieving Great Bliss Through Pure Awareness

; link to the Spanish and Portuguese translations of the February VOCL; and upcoming retreats at Serenity Ridge.

Enjoy, and much thanks everyone!

In Bon, Aline and Jeff