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Tenzin Wangyal Rinpoche on Sherap Chamma

This YouTube video of teachings on Sherap Chamma (Part 1), with Geshe Tenzin Wangyal Rinpoche, was recorded in April 2014 at the Great Stupa for World Peace, Chamma Ling Retreat Center, Valle de Bravo, Mexico.

Learn more about the practice of Sherap Chamma

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