



Serenity Ridge New Resident Lama Arrives!

Welcoming Geshe Tenzin Yangton



We are excited and honored to welcome Geshe Tenzin Yangton as our new resident lama at Serenity Ridge Retreat Center, the headquarters of Ligmincha International. Geshe Yangton arrived at the end of May. He will be leading retreats and practices at Serenity Ridge and, in the future, will be visiting other Ligmincha centers to offer teachings.

Plans to welcome Geshe Yangton as resident lama at Serenity Ridge have been under way for close to two years. Ligmincha Institute and Geshe Yangton had to participate in a lengthy evaluation process before he was approved for an R-1 religious visa.

A part of the ancient Yangton lineage that dates back to ancient times, Geshe Yangton comes to Serenity Ridge from Dolpo, a remote region in western Nepal bordering Tibet. There he was coordinator of Yanggon Thongdrol Phuntsog Ling Monastery, Dolpo Tsaga Welfare Healthcare Clinic and many other projects. He also has served as an assistant to His Eminence Yangton Ponlop Trinley Nyima Rinpoche, head instructor of Menri Monastery in Dolanji, India.

Born in 1974 in Charkha, a village between Dolpo and Mustang in Nepal, Geshe Yangton completed the customary three-year retreat. In 1990 he became a monk at Triten Norbutse Monastery in Kathmandu, taking his vows from Yongdzin Tenzin Namdak Rinpoche. In 1992 he

arrived at Menri Monastery in Dolanji, India, and enrolled in the Bon Dialectic School. There he studied sutra, tantra and dzogchen, completing all those courses and attaining the Geshe Degree (equivalent to a Ph.D.) in 2006.

Serenity Ridge is preparing a new schedule of regular meditation practices to be led by Geshe Yangton. He will be participating in the annual Summer Retreat at Serenity Ridge, scheduled for June 22–July 12, and will give a special evening talk during each of the three weeks of the retreat, along with other visiting lamas.

Geshe Yangton also plans to travel around the United States and to other Ligmincha centers and sanghas, where he will be hosted to give teachings in their areas. If you would like to host Geshe Yangton in your area, email the office@ligmincha.org Serenity Ridge Office to find out more details.

More information about Geshe Yangton's activities will be posted on the Serenity Ridge website as it becomes available. Look for an in-depth interview with Geshe Yangton in the August issue of Voice of Clear Light.