Voice of Clear Light
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Announcing a Free Full-Day International Webcast March 23

'The Gift of Inner Refuge' with Geshe Tenzin Wangyal Rinpoche

The worldwide sangha, friends and those new to these teachings are invited to join Geshe Tenzin Wangyal Rinpoche March 23 for an <u>all-day live webcast</u> on the topic "The Gift of Inner Refuge." The event will be held from 9 a.m.—4:30 p.m., Eastern Daylight Time (New York time).

In this full-day online retreat, Geshe Tenzin Wangyal Rinpoche will guide you in shifting your attention to the source of all healing, the space of inner refuge. For more information about these teachings on inner refuge, see Rinpoche's latest book, *Awakening the Luminous Mind: Tibetan Meditation for Inner Peace and Joy* (Hay House, June 2012).

This special event is Rinpoche's idea and is the fruit of his wish for all practitioners worldwide to have a full day of teaching, practice and retreat together, as one sangha.

During the webcast, Rinpoche will present two 90-minute teaching sessions. In addition, senior teachers will guide two 60-minute practice sessions. Time for breaks also is built into the schedule.

Real-time translation in Spanish, German, Polish, Italian, French and other languages will be available.

Lourdes Hinojosa, Rinpoche's translator in Mexico and also an active teacher, is coordinating the full-day webcast. Lourdes and Marcy Vaughn, director of study and practice at Ligmincha,

will guide the practice sessions.

"This is a great opportunity to gather energy and to be together as a worldwide sangha," Rinpoche says. Thanks to Rinpoche's unlimited generosity, this full day of teaching and practice is totally free and is open for everyone. So please spread the word to friends, family and those who are ill or may not be able to gather with a group.

Learn more, get the schedule, enter the broadcast page