

## Voice of Clear Light

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## Webcasts with Tenzin Wangyal Rinpoche

### Next Live Webcast Includes Special Guest H.E. Menri Lupon Rinpoche

Join us from your computer on **Saturday, Oct. 12, 2013**, from 3–4:30 p.m. Eastern Time U.S. (New York time), for a special free live webcast from the annual

[Fall Retreat at Serenity Ridge](#)

(not a public talk). Topic: "The Open Heart: Healing in the Dzogchen Tradition." Tenzin Wangyal Rinpoche will be joined during this webcast by special guest

[H.E. Menri Lupon Trinley Nyima Rinpoche.](#)

The next full-day live webcast will be on **Dec. 14, 2013**, 9 a.m.–4:30 p.m. Eastern Time U.S. (New York time)!

Also, on **Dec. 29, 2013**, 3–4:30 p.m. Eastern Time U.S. (New York time), there will be a live webcast from the annual Winter Retreat at Serenity Ridge.

All live webcasts are free and are simultaneously translated into numerous languages. **You can learn more and view webcasts at the**

[Live-Broadcast Page](#)

Recordings of the recent July 6 all-day webcast can be viewed at these links:

- [Morning teaching session—](#) "Prayers and guided meditation with H.H. Lungtok Tenpai Nyima and Tenzin Rinpoche"
- [Afternoon teaching session—](#) "Inner Refuge: Turning Off Your Inner Navigation System"

You can find many other recorded live webcasts with Tenzin Rinpoche at [the Internet Teachings page](#).