

## Special Announcements Issue

Volume 11, Number 5 / June 2011

[View Full Issue](#)

---



### Summer Raffle

#### Win a Free Retreat for Two!

**Update June 27, 2011:** The raffle has been postponed due to unforeseen circumstances. The date of the drawing is postponed until during the Fall Retreat, early October 2011. We'll announce in a future issue of VOCL when tickets can be purchased.

Questions? Please contact the Ligmincha office at [Ligmincha@aol.com](mailto:Ligmincha@aol.com)

---



### Ligmincha Institute's 2010 Annual Report

#### With Introduction by Tenzin Wangyal Rinpoche

Ligmincha Institute presents its annual report for fiscal year 2010, with a special message of introduction from Ligmincha's founding spiritual director, Geshe Tenzin Wangyal Rinpoche.

- [Message of introduction >](#)
- [Annual Report — downloadable PDF >](#)



## Live Webcast This Sunday With Tenzin Wangyal Rinpoche

### Special Invited Guest: His Holiness the 33rd Menri Trizen

A very special Internet event — please join us from your computer this Sunday, June 26, at 12 noon Eastern time (New York time) for a live Webcast with Tenzin Wangyal Rinpoche. Rinpoche will teach and guide a healing meditation. For our Internet audience only.

**Special guest invited!**

Rinpoche plans to invite **His Holiness Lungtok Tenpai Nyima Rinpoche**, spiritual leader of the Bön Buddhist tradition of Tibet, to join him in

[More >](#)



## July Retreat in Rangeley, Maine

### Join Rinpoche for Three Days to Inaugurate the New Land

We invite everyone to a very special retreat with Geshe Tenzin Wangyal Rinpoche near Ligmincha Institute's new land in the lakeside town of Rangeley, Maine. Ligmincha is very honored to acknowledge receipt of this land via a recent, generous donation, and is excited about this opportunity to share with others the inauguration of the new property. The retreat will be held July 22-24, 2011; the topic is *Healing Through Love and Wisdom: The Practice of Sherap Chamma*.

[Learn more or register >](#)



## Upcoming Retreats

### Ligmincha's Serenity Ridge Retreat Center

The retreats described below will take place at Serenity Ridge, Ligmincha Institute's retreat center in Nelson County, Va. To register or for more information, click on the links below, or contact us at [registration@ligmincha.org](mailto:registration@ligmincha.org) or 434-263-6304.

#### June 25 - July 15, 2011

##### **A View From the Heart: Purifying Your Vision Through the Practice of the Six Lamps Annual Summer Retreat With Honored Guest H.H. Lungtok Tenpai Nyima Rinpoche and Geshe Tenzin Wangyal Rinpoche**

Everyone is cordially invited to join us this summer for a rare and unique opportunity to receive teachings and transmissions from [His Holiness Lungtok Tenpai Nyima Rinpoche, the 33rd Menri Trizen](#) ; and [Geshe Tenzin Wangyal Rinpoche](#), founder and spiritual director of Ligmincha Institute. Ligmincha's annual Summer Retreat is open to newcomers and longtime students alike.

*Week 1 is full, but registration remains open for Weeks 2 and 3.*

[Learn more or register >](#)

#### Oct. 5 - 9, 2011

##### **Connecting With the Living Universe: The Healing Power of the Five Natural Elements Annual Fall Retreat With Geshe Tenzin Wangyal Rinpoche**

According to the ancient Tibetan spiritual traditions, our planet is alive and sacred; and the five elements of earth, water, fire, air, and space are not just natural resources but can be considered fundamental aspects of a living universe. Please join us for this special opportunity to learn how to connect, revitalize and commune with our living universe in ways that heal ourselves and our world.

[Learn more or register >](#)

#### Oct. 18 - 23, 2011

##### **The Experiential Transmission of Zhang Zhung, Part 3 Dzogchen Teachings With H.E. Menri Lopon Trinley Nyima Rinpoche**

We are honored by this special opportunity to receive dzogchen teachings from [His Eminence Menri Lopon Trinley Nyima Rinpoche](#), the head instructor of Menri Monastery in Dolanji, India.

*Prerequisite:* Participants must have received the teachings for Parts 1 and 2 of the [Experientia I Transmission of Zhang Zhung](#) in order to attend these teachings.  
[Learn more or register >](#)

**Nov. 3 - 6, 2011**

**Tibetan Yoga: Magical Movements for Your Awakened Body**

**A Tsa Lung Trul Khor Retreat with Alejandro Chaoul-Reich**

Whether you are a newcomer or have already received this training, we warmly encourage you to attend this retreat. There is no prerequisite for attending.

[Learn more or register >](#)

**Dec. 27, 2011 - Jan. 1, 2012**

**The Experiential Transmission of Zhang Zhung, Part 4**

**Annual Winter Dzogchen Retreat With Geshe Tenzin Wangyal Rinpoche**

*Prerequisite:* Participants must have received the teachings for Parts 1 and 2 of the [Experientia I Transmission of Zhang Zhung](#)

in order to attend these Part 4 teachings.

[Learn more or register >](#)

**To register for any of the above retreats**, or for more information about teachings in the Bon Buddhist tradition of Tibet, please contact us at [registration@ligmincha.org](mailto:registration@ligmincha.org) or 434-263-6304, or go to:

<https://www.ligmincha.org/retreats/retreats.html>