

Teaching Issue

Volume 11, Number 8 / December 2011

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Big News From Ligmincha

Letter From the Editors

Dear Friends,

This December issue of *Voice of Clear Light* features some very special announcements and important news items that we don't want anyone to miss. Some are listed in this letter, some are [More >](#)



The Doorway of Mind

An Excerpt From *Tibetan Yogas of Body, Speech and Mind* by Tenzin Wangyal Rinpoche

Just as the body has a clear and eternal aspect and speech a perfected and ceaseless aspect, so the nature of mind is radiant and undeluded. Undeluded mind is always clear with the presence of light. Clear refers to the empty, spacious, unchanging aspect of mind; light to the mind's unceasing quality of self-awareness. The clear light of your mind's nature has never been minimized or obscured by thoughts or emotions. In every given moment, the doorway to

this clear, luminous mind is there for you. In the most confused moment, the most annoyed moment, the most emotional moment, the door is always there. It is a question only of [More >](#)



A Letter From Rinpoche

Some Moving News!

As many of you know, for some time Tsering and I have been planning to move to Nepal so that our son, Senghe, can receive further education in the Bon teachings at Triten Norbutse Monastery. Tsering and I both feel that [More >](#)



Meeting Our Needs for the Future

A Year-End Message From Geshe Tenzin Wangyal Rinpoche

Dear Sangha and other friends of Ligmincha,

There have been a lot of challenges this past year in the world, both globally and on an individual level. By finding inner refuge in our regular meditation practice, we are continually [More >](#)



New Dialogues Between Buddhism and Science

A Weekend Conference at Serenity Ridge, Feb. 18-19, 2012

We invite you to join us at Serenity Ridge on Saturday and Sunday, Feb. 18-19, 2012, for a very special event: a one-and-a-half-day conference with Geshe Tenzin Wangyal Rinpoche and academic presenters associated with the University of Virginia, New York University, University of Texas M.D. Anderson Cancer Center, and others to be announced. [More >](#)



New! Soul-Retrieval Training Program

Applications Now Being Accepted

Ligmincha Institute is excited to announce a new two-year training program in Soul and Life-Force Retrieval. This unique program, offered in four five-day sessions in the spring and fall of 2012 and 2013 at our Serenity Ridge Retreat Center in Shipman, Va., will provide the in-depth knowledge and experience needed to perform the Bon Buddhist practice of soul and life-force retrieval for oneself or — with the instructor's permission — for others. Early applications are encouraged. [Learn more about this program and how to apply >](#)



Three Doors Academy News

New Opportunities for Participating Worldwide

We have several exciting announcements!

- The Three Doors Academy in Latin America will begin in 2012
- The Three Doors Academy in Europe was successfully launched and is open to new participants
- The Three Doors Academy in the United States will begin its second training in October 2012

To learn more about this life-changing program conceived by Geshe Tenzin Wangyal Rinpoche and how you can participate, visit <http://www.the3doors.org/>



Help Wanted

Paid and Volunteer Positions Now Open at Ligmincha

Two important needs at Ligmincha are listed below. If you are interested in either of these positions — one as our on-site bookstore manager, one involving [More >](#)



Bringing the Sanghas Together

New Websites Being Created for Ligmincha Sanghas and Centers

A new network of Ligmincha Websites is now under development! The seed for this idea took root more than a year ago. With Tenzin Wangyal Rinpoche's full support, Lutz Dausend, a sangha member from Spain, is leading the effort.

A new Ligmincha International homepage will serve as a central hub for all the worldwide [More >](#)



Rinpoche Featured in New Film on Death and Spiritual Awakening

View Film Clip of Interview on Facing Death

In this nearly 2-minute film clip, Tenzin Wangyal Rinpoche shares advice for people facing death: Take care of your past to have a clearer future. Here is a brief segment from "The Fourth Moment," a feature-length film (under development) about impermanence, death, and the possibility of spiritual awakening and liberation. It is a hybrid film that merges documentary and dramatic narrative.

[View film clip >](#)

[Learn more about The Fourth Moment >](#)



Upcoming Retreats

Ligmincha's Serenity Ridge Retreat Center

The retreats described below will take place at Serenity Ridge, Ligmincha Institute's retreat center in Nelson County, Va. To register or for more information, click on the links below, or contact us at registration@ligmincha.org or 434-263-6304.

Dec. 27, 2011 - Jan. 1, 2012

The Experiential Transmission of Zhang Zhung, Part 4

Annual Winter Dzogchen Retreat With Geshe Tenzin Wangyal Rinpoche

Prerequisite: Participants must have received the teachings for Parts 1 and 2 of the [Experiential Transmission of Zhang Zhung](#)

in order to attend these Part 4 teachings.

[Learn more or register >](#)

Feb. 18-19, 2012

New Dialogues Between Buddhism and Science

With Geshe Tenzin Wangyal Rinpoche and guest speakers.

[Learn more or register >](#)

Feb. 25, 2012

Tibetan New Year (Losar) Celebration

With Geshe Tenzin Wangyal Rinpoche

More details to come

April 11-15, 2012

Bring Your Life Into Bloom

Exploring the Creative Process With Geshe Tenzin Wangyal Rinpoche

Join us for a unique opportunity to free yourself from creative obstacles, nurture your capacity for joyful self-expression, and make positive changes in your life.

[Learn more or register >](#)

May 5-9, 2012

Soul and Life-Force Retrieval Training

Two-Year-Certificate Program

With Geshe Nyima Kunchap

[Learn more or apply >](#)

June 24 - July 14, 2012

A View From the Heart: Purifying Your Vision Through the Practice of the Six Lamps (Part 2)

□ 20th Annual Summer Retreat / 20th Anniversary Celebration!

With Tenzin Wangyal Rinpoche

Come for one, two, or all three weeks. No prerequisite, newcomers welcome.□

Registrations will be accepted beginning Jan. 16, 2012

To register for any of the above retreats, or for more information about teachings in the Bon Buddhist tradition of Tibet, please contact us at registration@ligmincha.org or 434-263-6304, or go to:

<https://www.ligmincha.org/retreats/retreats.html>

