



October Workshop with Tenzin Wangyal Rinpoche

‘New Directions in the Dialogue Between Buddhism and Science’

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Please join us at Serenity Ridge for an enlightening one-day workshop with Geshe Tenzin Wangyal Rinpoche and presenters associated with the [Division of Perceptual Studies \(DOPS\) at the University of Virginia](#).

Buddhism has long been viewed not only as a spiritual pursuit but also as a science of the mind, backed by millennia of scholarly study and highly disciplined meditation practice. Many Western scientists now acknowledge that Buddhism has revealed key knowledge about the nature and capacities of human consciousness. Yet, many core elements of the Buddhist teachings, including the belief in rebirth, still have not gained a place in contemporary mainstream science.

Here in central Virginia we have not only a thriving Buddhist community, but also a well-established academic group at the University of Virginia (Division of Perceptual Studies, a research unit within the Department of Psychiatry and Neurobehavioral Sciences) that for many years has been conducting scientific research into precisely these deeper and more controversial aspects of the mind. The research findings point toward the need for Western science itself to expand beyond its current framework.



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