

News From International Sangha

Students Report From Around the World

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A note from VOCL editors: We are happy to be able to share news from students around the world and hope you will enjoy reading bits about what's going on in the centers and sanghas where Tenzin Wangyal Rinpoche teaches nationally and internationally. To submit news and photographs for possible inclusion in a future issue, please email us at voiceofclearlight@ligmincha.org

Prague, Czech Republic



Jitka Polanska is happy to report that Rinpoche's book <u>Tibetan Sound Healing</u> has been translated into the Czech language and will be published in time for the occasion of <u>Rinpoche's teaching in Prague this July 23-25, 2010</u>

. These teachings on "Awakening the Sacred Body" will focus on the practices of *Tsa Lung*

and the Nine Breathings of Purification; learn more at www.bongaruda.cz.

Jitka says she would also like to invite all sangha members to join the Facebook group **Bonpos of the World.**

Visit:

http://www.facebook.com/#!/group.php?gid=42546553820

Belgium

Nicolas Gounaropoulos informs us that full-day and evening guided meditation practices are regularly held in Brussels, Namur, and elsewhere in Belgium to meet the varying needs of sangha there. In addition, seven months ago sangha members started meeting with prisoners every Monday for 1 1/2 hours of guided meditation, including breathing practice and *Tsa Lung.*

For more information about activities in Belgium, visit

http://www.bongaruda.be/ or email Nicolas.