



Serenity Ridge Welcomes Lama Kalsang Nyima

In Residence for April and May



Serenity Ridge Retreat Center is fortunate to have Lama Kalsang Nyima, a resident lama in Mexico, come stay in residence at Serenity Ridge in April and May.

He will join Tenzin Wangyal Rinpoche for the annual Spring Retreat April 10-14.

Other plans include a land blessing ceremony and five elements teaching, a soul retrieval teaching and ritual, sang chod ritual and cooking lesson and a two-day Sacred Arts event. He also plans to be available for blessing rituals while he is in Virginia.

- April 21 – Land Blessing & Five Elements Meditation at Riverview Park organized by Ligmincha Charlottesville
- May 4 – Soul Retrieval: Teaching and Ritual at Serenity Ridge Retreat Center
- May 11 – Sang Chöd followed by a cooking lesson at Serenity Ridge Retreat Center
- May 18–19 – Sacred Arts: Sacred Geometry of Mandalas & Calligraphy at Serenity Ridge Retreat Center
- Rituals – Prosperity Ritual, eliminating obstacles, healing / protection for health.
House blessings within one hour drive from Serenity Ridge Retreat Center

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