



## Tenzin Wangyal Rinpoche's Worldwide Teaching Schedule

### Upcoming Retreats



Here is Geshe Tenzin Wangyal Rinpoche's upcoming teaching schedule. Rinpoche's travels this year will include teaching in Virginia, Italy, Ireland, Germany, Switzerland, Austria, Spain, the Netherlands, England, Poland, France, Hungary and Nepal.

You can find the latest listings and any changes in the Events section of the [Ligmincha website](#) or the

[Serenity Ridge website](#)

. Please register for these online retreats through the specific Events box on the website. Updates will be provided on the website as they become available.

- April 10-14, 2024. Serenity Ridge Retreat Center, Shipman, Virginia. [Spring Wellness Retreat](#)
- April 19-21, 2024. Bologna, Italy. [Spontaneous Creativity](#)

- April 26-28, 2024. [Practice of the Six Lokas](#)
- May 3-5, 2024. Berlin, Germany. [Nine Winds, Part 2](#)
- May 10-12, 2024. Bulle, Switzerland. [The Heartdrop of Chamma, the Loving Mother](#)
- May 17-19, 2024. Vienna, Austria. [Sleep Yoga: The Sleep of Clear Light](#)
- May 24-26, 2024. Madrid, Spain. [Awakening the Sacred Body, Part 2](#)
- May 31-June 2, 2024. Amsterdam, the Netherlands. [The Six Lamps, Part 3](#)
- June 22-July 6, 2024. Serenity Ridge Retreat Center, Shipman, Virginia. Summer Retreat: [Tummo, Part 4](#)
- July 19-21, 2024. London, England. [Dream Yoga](#)
- August 13-18, 2024. Wilga, Poland. [Tummo, Part 4](#)
- August 19-25, 2024. Buchenau, Germany. [TBA](#)
- August 30-September 1, 2024. Bourg-en-Bresse, France. [TBA](#)
- September 6-8, 2024. Budapest, Hungary. [Sherab Chamma Healing Practice](#)
- October 9-13, 2024. Kathmandu, Nepal. Fall Retreat: [Chod: Awakening Confidence by](#)

### [Taking Fear as a Path](#)

- November 16-17, 2024. Online: 3 Doors Retreat. [TBA](#)
- December 27, 2024-January 4, 2025. Serenity Ridge Retreat Center, Shipman, Virginia.

### [Winter Retreat](#)